

1. Name of your colleague: \_\_\_\_\_ (10 min)

PURPOSE of the one-to-one	
EXPLORATION	
My colleague's story – motivations, hopes and challenges	My colleague's values
My colleague's interests	My colleague's skills and resources
EXCHANGE	
Shared interests <i>What might we do together?</i>	Skills and resources that each of us might offer the other to meet our shared interests
COMMITMENT	
What should your next one-to-one be about?	

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